

Reception  
881 9100 ext 2

## WELCOME TO MEALS ON WHEELS

If you live within the Matamata boundary you can receive Meals on Wheels.

Meals are delivered Monday to Friday **including Public Holidays**.

A much appreciated roster of Volunteers distributes the meals on our behalf.

Frozen meals are available for the weekend on request.

Please contact Reception to organise your deliveries.

### MEALS

The meal of day plus optional dessert is worked from a set three week menu cycle which has been approved by a registered Dietician and Nutritionist. These meals are served and delivered in air tight and microwave safe plastic containers.



### CANCELLING MEALS

If you no longer require meals, please notify Reception.

If you wish to stop a meal for a particular day, you will need to ring before 10.00am on the day or you will be charged for the meal.

#### Public Holidays

If you do not wish to receive a meal on a public holiday (eg Christmas Day) please notify Reception in plenty of time.

### CHARGES AND PAYMENT

**Main meal**  
\$8.30

**Main meal plus Dessert**  
\$10.00

Invoices will be posted out fortnightly.



### FOOD SAFETY

Pohlen Hospital Food Services have taken the utmost care to provide you with a nutritious, safe and hygienically prepared meal.

To maintain the quality of the meal we recommend that it is eaten straight away.

If you are not going to be home at delivery time, you will need to provide us with instructions to leave the meal in a place which will preserve the safety of the food, eg small chilly bin.